



Newborn Essentials Checklist

- Crib (look for British Standard mark BS EN 716-1 to make sure it complies with UK safety standards)
- Cot mattress
- Bedding (3-4 mattress covers)
- Muslin cloths (lots!)
- 4-8 Sleepsuits (zip ones are great) mixed sizes (Newborn/First size etc)
- 4-8 vests
- 1-3 newborn hats
- No-scratch mittens (optional)
- 2-3 swaddles
- Lightweight and heavy blankets
- 2-3 large boxes of disposable newborn-size nappies, or 6-10 dozen cloth nappies and 6-8 nappies covers
- Box of water baby wipes
- Cotton wool pads/reusable wipes
- Baby bathtub
- Baby shampoo and body wash (won't need for a couple weeks)
- 2-4 hooded baby towels
- 4-6 Soft washcloths
- 8-10 bottles and teats (4oz is fine and first size teats)
- Bottle brush
- Dishwasher basket for small items/bottle storage/drying
- Formula (if not breastfeeding)
- Breast pump (if you plan to breastfeed- wait until established)
- Milk storage bags (if you plan to breastfeed-wait until established)
- Nursing pads (if you plan to breastfeed-wait until established)
- Nipple cream (if you plan to breastfeed-wait until established)
- Baby feeding pillow (optional)
- Bottle sterilizer (optional)
- Baby nail clippers or file
- Baby thermometer
- Petroleum jelly or coconut oil
- First aid kit
- Soft brush
- 4-6 dummies (optional)
- Car seat
- Pram
- Baby sling
- Whitenoise app